



ALL KIDS need opportunities to have fun, connect with others, learn new skills, make friends and enjoy a sense of belonging... That's what **Kids Like Me** is all about!

The Help Group's Kids Like Me programs are specially-designed for children and adolescents with autism spectrum disorders and other developmental challenges. Participants can enjoy after school classes, clubs, camps, and

weekend social activities with peers who share similar challenges. Each activity is overseen by highly-trained professionals and developed to accommodate various age and ability levels.

Staff supervision, snacks, and homework assistance will be provided at no extra charge for Help Group students from 3:00pm to the start of classes at 4:00pm.

Starting in January | Register Now!

SOCIAL SKILLS GROUPS

Led by Help Group therapists, groups are designed to facilitate social skills development in a structured, fun, and supportive environment for children with autism spectrum disorders and related social challenges. Incorporating evidence-based practices, the groups assist participants in gaining competencies related to peer communication and interaction while fostering meaningful friendships.

Mondays 4:00-5:15 Ages 5-7 and 8-10
Start Date: January 28th, 2013

Wednesdays 4:00-5:15 Ages 11-13 and 14-17
Start Date: January 30th, 2013

Vendored with Westside Regional Center, Vendor # PW5530

Cost: \$350 for 8 Sessions

LEGO MASTERS

Become a LEGO master! Participants enjoy a variety of fun, individual, partner, and group LEGO-building activities while trained staff help facilitate social skills and friendship-building.

Mondays 4:00-5:15 Ages 5-9 and 10-13

Start Date: January 28th, 2013

Cost: \$225 for 8 sessions

GAMING CLUB

A unique new club designed to utilize the latest gaming technology to foster peer interaction and social skills. Club activities will focus on interactive play, team activities, and tournaments.

Tuesdays 4:00-5:15 Ages 10-13 and 14 and up

Start Date: January 29th, 2013

Cost: \$220 for 8 sessions

MULTI-MEDIA ART

This class encourages artistic expression using a variety of media and will spark your child's imagination through creative skill-building projects.

Tuesdays 4:00-5:15 Ages 5-9

Start Date: January 29th, 2013

Wednesdays 4:00-5:15 Ages 10 and up

Start Date: January 30th, 2013

Cost: \$225 for 8 sessions

CHESS MASTERS

Participants learn and practice basic and advanced strategies of chess play. Class includes instruction, games, tournaments, and a whole lot of fun!

Wednesdays 4:00-5:15 Ages 7-10 and 11 and up

Start Date: January 30th, 2013

Cost: \$220 for 8 sessions

ACEING AUTISM



A Perfect Match! The Help Group and Aceing Autism team up to offer a unique and exciting tennis program designed especially for children with autism spectrum disorders.

Mondays 4:00-5:00 Ages 10 and up

Start Date: January 28th, 2013

Cost: \$225 for 8 sessions, equipment provided

BASKETBALL

This high-energy sports class focuses on skills development, teamwork, sportsmanship, and game play. All skill levels welcome.

Thursdays 4:00-5:15 Ages 7-11 and 12 and up

Start Date: January 31st, 2013

Cost: \$200 for 8 sessions

DRAMARAMA

Highly creative and fun class to encourage communication, imagination, and self-expression. Specially designed for young children, classes incorporate stories, puppets, role-playing, and dramatic games.

Thursdays 4:00-5:15 Ages 7-11

Start Date: January 31st, 2013

Cost: \$200 for 8 sessions

ACTORS WORKSHOP

Engaging interactive drama class designed to increase communication and social skills while enhancing confidence and stage presence. Class will incorporate role play, improvisation, script reading, and skits.

Thursdays 4:00-5:15 Ages 12 and up

Start Date: January 31, 2013

Cost: \$200 for 8 sessions

For an application, more information or to register your child, please contact **Nicole Webb** at **818.778.7136** or **nwebb@thehelpgroup.org** For more information on Kids Like Me programs, please visit

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Start Date: January 28th, 2013

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Start Date: January 30th, 2013

Vendored with North Los Angeles Regional Center, #PL0951 and Lanterman Regional Center #PW5530

Cost: \$350 for 8 Sessions

MIRACLE PROJECT



Once again, The Help Group welcomes this critically-acclaimed theatre arts program that produced the award-winning documentary "Autism, The Musical". Children and teens with autism and other special needs work with a highly talented staff team to create and produce an original musical production.

Thursdays 4:00-5:15 **Ages** 5 to 21

Start Date: January 10th, 2013

Performance Date: June 2nd, 2013

Cost: \$750 for 20 sessions

YOGA TRAIN!

All aboard with kids' yoga conductor D.M. Osborne, whose fun-loving, non-competitive classes build strength, self-confidence, and balance. Yoga Train is packed with music, games, and tools for building self-awareness and a sense of calm.

Mondays 4:00-5:15 **Ages** 5 to 9

Start Date: January 28th, 2013

Wednesdays 4:00-5:15 **Ages** 10 and up

Start Date: January 30th, 2013

Cost: \$225 for 8 sessions, includes a yoga mat

ACEING AUTISM



A Perfect Match! The Help Group and Aceing Autism team up to offer a unique and exciting tennis program designed especially for children with autism spectrum disorders.

Tuesdays 4:00-5:00 **Ages** 5-9 and 10 and up

Start Date: January 29th, 2013

Cost: \$225 for 8 sessions, equipment provided

BALLET



Ballet For All Kids

A unique and highly successful classical ballet training program for all children, regardless of their abilities or disabilities. Founder and Director Bonnie Schlachte teaches this special class that allows children with various challenges to experience, learn, grow, and enjoy the benefits of ballet.

Wednesdays 4:00-5:00 **Ages** 5-12

Start Date: January 30th, 2013

Cost: \$240 for 8 sessions, includes a practice DVD

KARATE



Power of the Arts black belt karate instructor teaches this special martial arts class designed to help build self-confidence, focus, discipline, respect, cooperation, and teamwork.

Thursday 4:00-5:15 **Ages** 8 and Up

Start Date: January 31st, 2013

Cost: \$250 for 8 sessions and includes uniform

BASKETBALL

This high-energy sports class focuses on skills development, teamwork, sportsmanship, and game play. All skill levels welcome.

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Cost: \$200 for 8 sessions

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