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12101 W. Washington Blvd. Los Angeles, CA 90066



ILLUMINATING YOUR PATH TO EMOTIONAL WELLNESS

Lumina Counseling

Lumina offers insurance and private pay individual, group, couples and family therapy to people of all ages, both inperson and online, throughout the Los Angeles area. Our goal is to meet our clients where they are at and build a strong, trusting and compassionate therapeutic alliances with those seeking our support. At our core, Lumina Counseling believes that everyone has the right to be understood and guided to live their best possible life.





In-Person & Virtual Counseling.
Because Every Person Deserves
A Great Future.

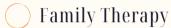
LUMINA COUNSELING

Offers

Lumina Counseling specializes in ADD/ADHD, Anxiety/Panic Disorders,
Autism Spectrum Disorders, Behavior Modification, Bipolar Disorders,
Depressive Disorders, Divorced/Blended Family Issues, OCD,
LGBTQIA+ Issues, Adoption, Sexual Abuse and Physical Abuse, Trauma,
Conduct/Disruptive Disorders, Grief, PTSD, Chemical Dependency,
Prenatal & Postpartum Issues.

The therapeutic modalities used include:

Individual Therapy





Group Therapy

Psychological/Testing





We Accept The Following Insurance:



























