

## Contact Us:

○ [luminacounselingla.com](http://luminacounselingla.com)

○ 818-779-5100

○ [info@luminacounselingla.com](mailto:info@luminacounselingla.com)

### ○ SHERMAN OAKS

13130 Burbank Blvd  
Sherman Oaks, CA 91401

### VAN NUYS

15339 Saticoy St.  
Van Nuys, CA 91406

### CULVER CITY

12101 W. Washington Blvd.  
Los Angeles, CA 90066

ILLUMINATING YOUR PATH  
TO EMOTIONAL WELLNESS

# Lumina Counseling

Lumina offers insurance and private pay individual, group, couples and family therapy to people of all ages, both in-person and online, throughout the Los Angeles area. Our goal is to meet our clients where they are at and build a strong, trusting and compassionate therapeutic alliances with those seeking our support. At our core, Lumina Counseling believes that everyone has the right to be understood and guided to live their best possible life.



In-Person & Virtual Counseling.  
Because Every Person Deserves  
A Great Future.



# LUMINA COUNSELING

## Offers

Lumina Counseling specializes in ADD/ADHD, Anxiety/Panic Disorders, Autism Spectrum Disorders, Behavior Modification, Bipolar Disorders, Depressive Disorders, Divorced/Blended Family Issues, OCD, LGBTQIA+ Issues, Adoption, Sexual Abuse and Physical Abuse, Trauma, Conduct/Disruptive Disorders, Grief, PTSD, Chemical Dependency, Prenatal & Postpartum Issues.

The therapeutic modalities used include:

- Individual Therapy
- Family Therapy
- Couples Therapy
- Group Therapy
- Psychological/Testing



## We Accept The Following Insurance:

