

The Help Group's

# north hills prep

Empowering students to  
reach their fullest potential



A transformative school dedicated to students in grades 1-12 whose social, emotional, and/or behavioral needs are best served in a small, therapeutic learning community

## THERAPEUTIC SERVICES

Students meet at least weekly with therapists. Therapists and teachers work closely to build a circle of understanding and support around each student's psychological and academic dynamics. Therapeutic work is supported by a creative and experienced team of behavioral interventionists who assist students with daily challenges.

## ACADEMICS

North Hills Prep is WASC accredited. High school course work follows the college-preparatory A-G requirements. Our teachers make the classroom fun, engaging, and safe. We work with a range of students – those who aspire to attend college, those attempting to reach graduation, and those who are better served with career exploration.

## EXTRACURRICULAR ACTIVITIES

We encourage participation in extracurricular activities such as joining a club, engaging in creative arts, and participating in field trips throughout the year. Students explore their interests, develop talents, and build social connections outside of the classroom.

Emphasizing cognitive, emotional, and moral development, The Help Group's North Hills Prep provides a flexible yet rigorous academic program and psychological services. We stress growth and development, transition planning, and extracurricular activities, community field trips, and social events. We use a trauma-informed approach called a Neurosequential Model in Education (NME). Using this model of learning about brain development and developmental trauma, we create more supportive and effective learning environments for all our students.

Applications are accepted year-round for students in grades 1-12.

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